

Safe Routes to School Activities During



Social Distancing

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Monterey County Health Department
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PRIOR TO COVID



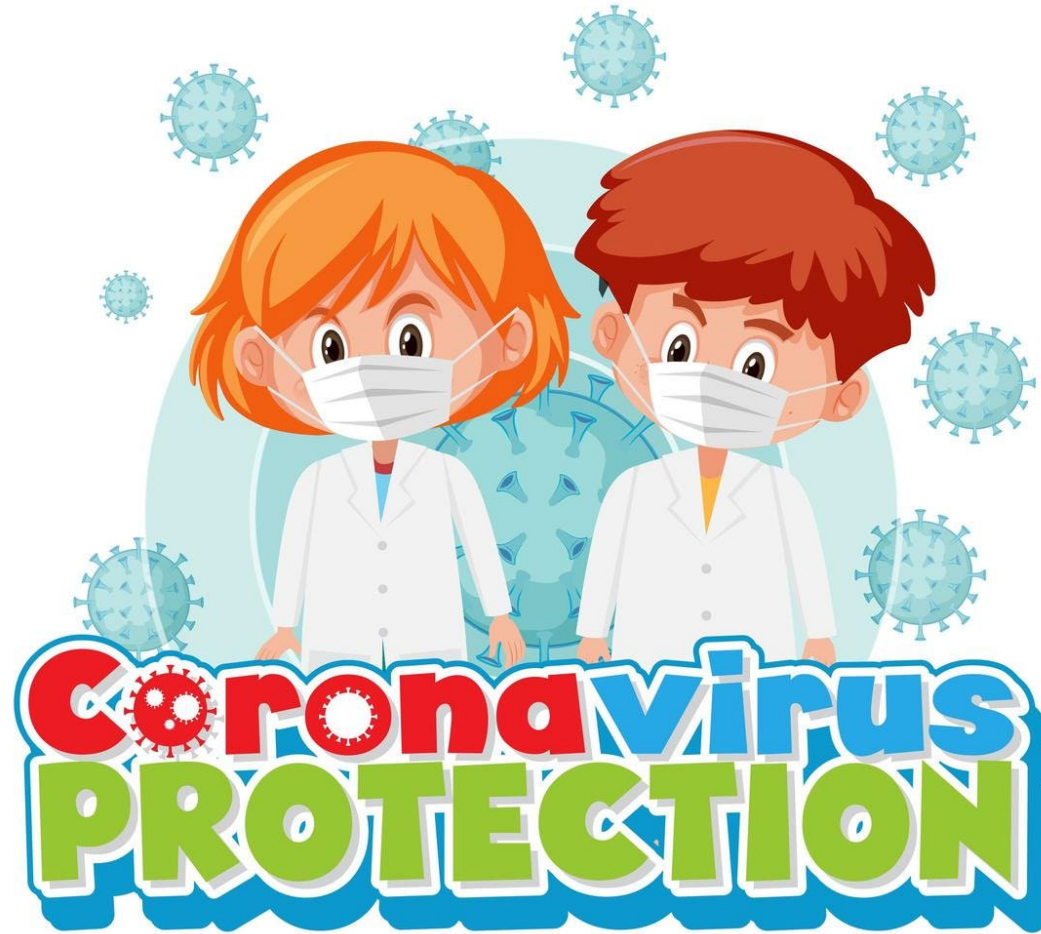
Pedestrian Safety Field Trip



Walk to School Day

**Wear a
Mask**

**6 feet
apart**



**Wash your
hands**

**No
Sharing**

Drive-Thru Lunch Pick-up



Food Services Available During School Closure

[Servicios de alimentos disponibles durante el cierre de la escuela](#)



School Lunch Distribution

Pedestrian and Bicycle Safety Survey

School site _____

- Do you go out for walks?
 - No, I don't go out for walks. (Go to question 4)
 - Yes, 1 - 2 times a week
 - Yes, 3 - 4 times a week
 - Yes, 5 times or more
- Where do you go for walks? (check all that apply)
 - My neighborhood
 - Store or post office
 - Work
 - School
 - To/From the bus stop
 - Other _____
- Before crossing the street you should do which of the following? (check all that apply)
 - Run across
 - Look left, then right
 - Look left, right and left again
 - Cross between parked cars
 - Make eye contact with drivers
- To be safe and seen while crossing the street, you should use a marked crosswalk?
 - Yes
 - No
- To be safe when walking or biking at night, I should wear? (check all that apply)
 - A heavy dark coat
 - Bright-colored clothes
 - Black sweatshirt
 - Reflective clothes
- Do you ride a bike?
 - Yes, I ride a bike.
 - No, I don't ride a bike. (Go to Question 10)
- Do you own a bike helmet?
 - Yes
 - No
- Do you wear your helmet when you ride a bike?
 - Yes
 - No
- How should a helmet feel when you wear it?
 - It should feel tight
 - It should feel well-fitted
 - It should feel loose
- I should always...
 - Walk facing traffic and bike with traffic
 - Walk with traffic and bike facing traffic
 - Walk and bike any way I want

PEDESTRIAN SAFETY TIPS CONSEJOS DE SEGURIDAD PARA PEATONES

Keep your **eyes up**, and your phone down.



Mantenga sus **ojos arriba**, y su teléfono abajo.

Wear **bright-colored clothing** or reflective gear if walking at night.



Use **ropa de color brillante o reflectiva** si camina de noche.

Look **left, right** and **left again** before crossing the street.



Mire a la **izquierda, derecha e izquierda** otra vez antes de cruzar la calle.

Make **eye contact** with drivers before crossing the street.



Haga **contacto visual** con conductores antes de cruzar la calle.

Always walk on sidewalks. If there are no sidewalks, walk facing traffic as far to the left as possible.



Siempre camine en la banqueta. Si no hay banqueta, camine hacia el tráfico a lo mas a la izquierda que pueda.

Do not run or dart out into the street or cross between parked cars.



No corra o se lance hacia la calle o cruce entre medio de carros estacionados.

Visit gosafelyca.org for more safety tips and information.
Visite gosafelyca.org para mas consejos de seguridad e

THINK
TWO STEPS
AHEAD

GO SAFELY
CALIFORNIA
CALIFORNIA OFFICE OF TRAFFIC SAFETY

@GoSafelyCA

OTS_CA

BICYCLE SAFETY TIPS CONSEJOS DE SEGURIDAD PARA CICLISTAS



Wear a **properly-fitted helmet.**



Use un **casco** que le quede bien.

Obey **street signs, signals,** and **road markings.**



Obedezca **letreros de la calle, señales y marcas en la carretera.**



Don't text, listen to music or use any device that distracts you from the road or traffic.



No mande texto, oiga música o use aparatos que lo distraiga de la carretera o trafico.

Inspect your bike before riding. Ensure everything is secure and working properly.



Inspeccione su bicicleta antes de montarla. Asegure que todo este seguro y trabajando bien.

Ride in the same direction as traffic as far on the right-hand side as possible.



Maneje en la misma dirección que el trafico a lo mas a la derecha posible.

Share these safety tips with your family and friends to ensure they are safe whenever they are on the go!

Comparta estos consejos de seguridad con su familia y amistades para asegurar que estén seguros cuando están activos.

Soledad J. Francioni Elementary

Education through School Lunch Distribution

Soledad

J. Francioni Elementary

Distributed/Returned

200/178

Greenfield

Mary Chapa Academy

Arroyo Seco Academy

Distributed/Returned

165/83

Combined

Cesar Chavez Elementary



El Departamento de Salud del Condado de Monterey le invita a ser parte de...



enLACE

Academia de Salud, Liderazgo y Compromiso para la Comunidad



Y...

Comité de Rutas Seguras a las Escuelas

Adquiera conocimientos y habilidades para hacer cambios positivos en su comunidad.

- Aprenda sobre los gobiernos locales, sus procesos de tomar decisiones y el impacto que tienen en la salud de su familia y comunidad
- Aprenda sobre el transporte activo (e.g. caminar y andar en bicicleta) y su conexión con la salud de nuestra comunidad
- Conozca y forme relaciones positivas con líderes comunitarios
- Conéctese a su comunidad y aprenda sobre el valor del compromiso cívico

¡Sin Costo Alguno!

¡Reserve su espacio hoy! El espacio es limitado.

¡Atención!
Nueva fecha de comienzo

Las clases virtuales serán en Español

¿Cuándo?
Los martes de 6:00-7:30 p.m.
Septiembre 22, 29
Octubre 6, 13, 20, 27
Noviembre 2*, 10
*es un lunes



¿En Donde?
Virtualmente en ZOOM
o llamada telefónica

*Es importante que asista a todas las clases. *Al registrarse recibirá la información de Zoom.

Para más información y para reservar su espacio llame a Angélica Chávez al (831) 755-4514
o por correo electrónico chavezal@co.monterey.ca.us

Revised 8-26-20

enLACE

Engagement through Leadership And Civic Engagement

8 SESSIONS

1. Introduction to enLACE & Safe Routes to School
2. History of the City of Soledad
3. Introduction to Local Government
4. Introduction to Local School District
5. Introduction to a Budget Process
6. Introduction to the General Plan
7. A Safe Community is a Healthy Community
8. Review and Recognition of Participants

enLACE

Engagement through Leadership
And Civic Engagement

The screenshot shows a Zoom meeting interface. The main content is a slide with two panels illustrating the difference between equality and equity. The top panel, labeled 'Igualdad' (Equality), shows four people of different heights trying to see over a fence. The shortest person cannot see at all, the medium person can just see, and the tallest person can see easily. The bottom panel, labeled 'Equidad' (Equity), shows the tallest person standing behind the fence, the medium person in the middle, and the shortest person in front. Now all three can see over the fence. To the right of the slide is a 'Participants (14)' window listing 14 participants with their names and roles (Host, Guest).

Zoom Meeting: 411W100058

Join Audio Start Video Security Participants Polls New Share Pause Share Annotate Remote Control

You are screen sharing Stop Share

Igualdad

Equidad

Participants (14)

Find a participant

- AC (Host, me, participant ID: 30166)
- Guadalupe Covarrubias-M...
- 18317100754 (Guest)
- AL Alondra Luna (Guest)
- C Candelary (Guest)
- EL Elvira Lopez (Guest)
- eneida flores (Guest)
- ID iPad de JosefinaCa... (Guest)
- JM Josefina Muñoz (Guest)
- Liliana elizabeth d... (Guest)
- MR Maria Ramirez (Guest)
- MZ Martha Zepeda (Guest)
- MZ Melina Zarate (Guest)
- Guadalupe Covarrubias-Martinez

Invite Mute All

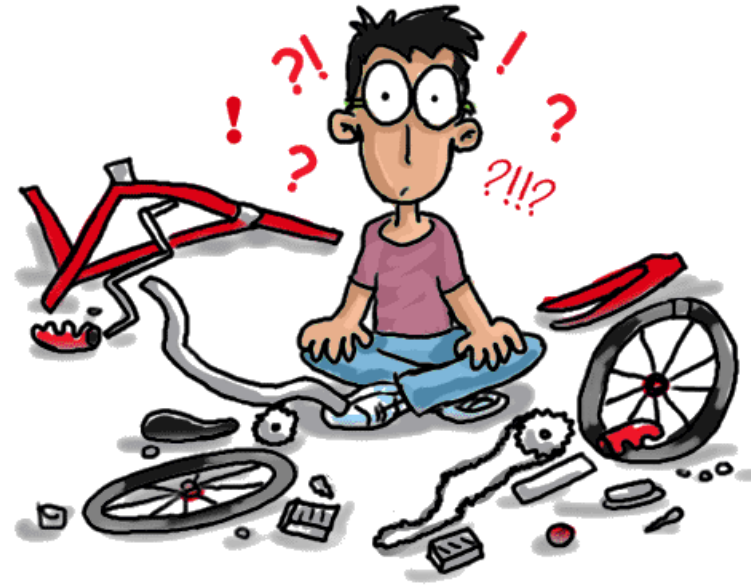
Equality VS Equity

What is the
difference?

Do you see it in
your neighborhood?

Next Project

Bike Repair
Workshop



THIS ONE FAVOR,
IT WOULD MEAN
A LOT TO ME.
I'LL BE FOREVER
IN YOUR DEBT!



Bike Got A Flat?

Handlebars Need Adjusting?

**Bike Seat
TOO HIGH
or too low?**

**Do You Know
The Rules
of the Road?**

Bring your bike to the BIKE REPAIR WORKSHOP

WHEN: Saturday, November 21st

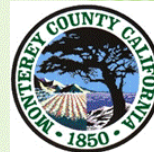
**WHERE: Greenfield Community
Science Workshop
45 El Camino Real
Greenfield, CA**

TIME: 10 am—3 pm

Learn simple bike repairs that you can do yourself. Learn about proper bike helmet fitting and some of the rules of the road when riding your bicycle. Don't have a bike? No problem! There will be old bikes to fix and take. Great for middle & high school students. All Greenfield students are invited.

Masks are required.

For more information, Call 831-796-2873 or 831-304-0355



This event is sponsored by
The Monterey County Health Department and
Greenfield Community Science Workshop.



Bike Repair Day!!!



Hand Washing and Sanitizer Station



Registration Table

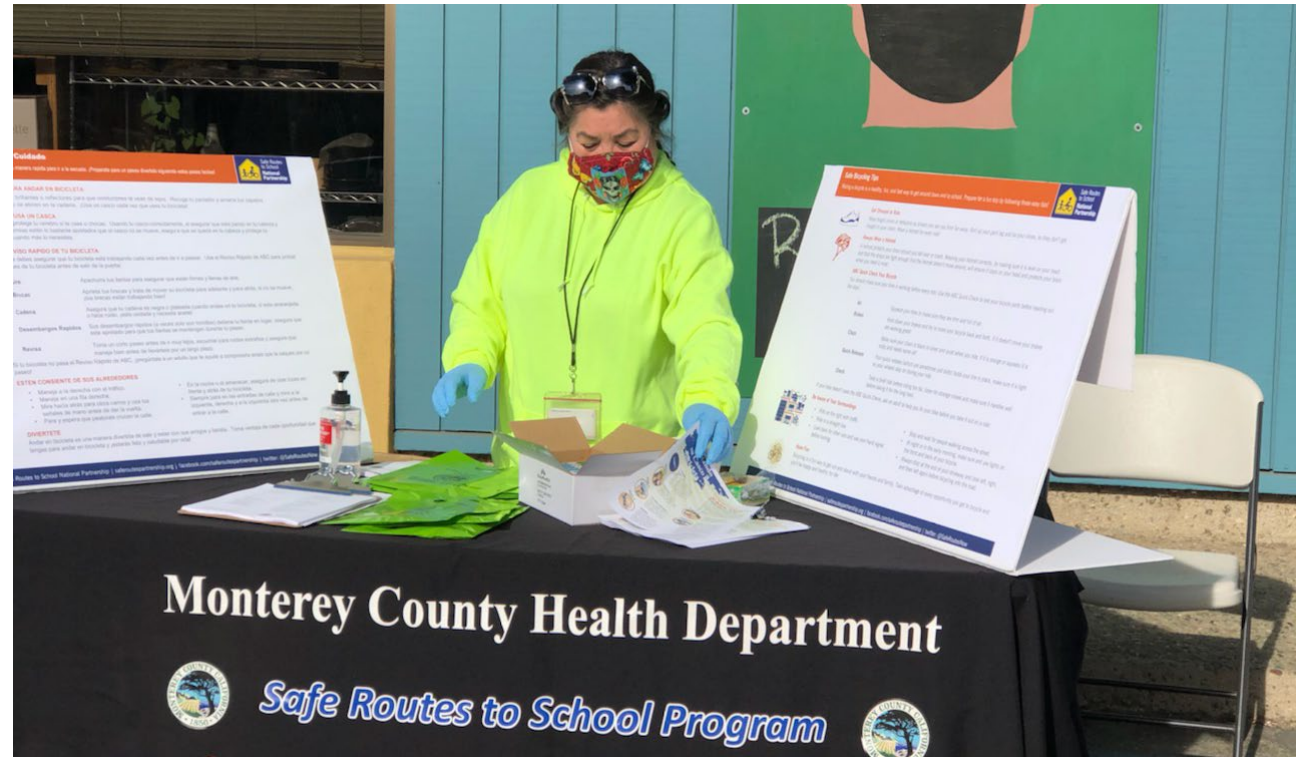
Line Starts Here

Pedestrian & Bicycle Safety Presentation



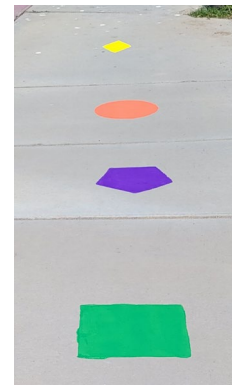
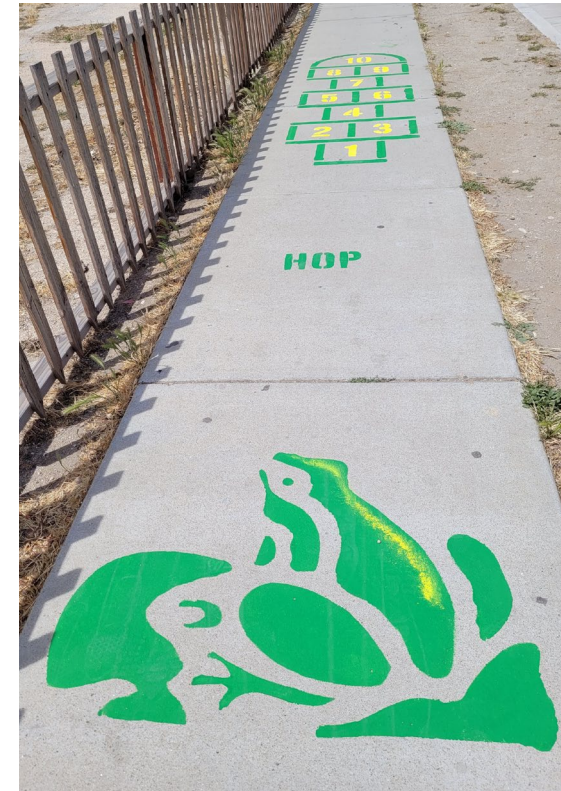


Education and Helmet Fitting & Distribution



Next steps

Summer Challenge and Safe Routes to School Maps



THANK YOU!



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Salinas, CA 93901

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